Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Scheveneels Judith

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:5, starttime: 14:05

Heat: 5/14 Lane : 6 Athlete: THEUNISSEN JOLIEN **Q-time: 01:12:76**

PB (25m pool): 01:12.76 Mol 04/10/2026 **PB (50m pool):** 01:15.27 **SB:** 01:12.76 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.86		01:12.76	
		00:34.86		*00:37.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:8, starttime: 14:15

Heat: 8/14 Lane : 5 Athlete: LESSELIERS EMILY **Q-time: 01:08:69**

PB (25m pool): 01:08.69 Kapellen 30/05/2026 **PB (50m pool):** 01:11.36 **SB:** 01:09.61 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.34		01:08.69	
		00:33.34		*00:35.35*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:10, starttime: 14:15

Heat: 10/14 Lane : 7 Athlete: DE VOCHT ANNE-JULIE **Q-time: 01:07:78**

PB (25m pool): 01:06.86 Mol 29/12/2024 **PB (50m pool):** 01:08.21 **SB:** 01:07.78 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.07		01:06.86	
		00:32.07		*00:34.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: ZS

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:12, starttime: 14:20

Heat: 12/14 Lane : 5 Athlete: VAN DEN BERGH ANNA — **Q-time: 01:05:70**

PB (25m pool): 01:05.70 Heist-op-den-Berg 10/01/2026 **PB (50m pool):** 01:07.00 **SB:** 01:05.89 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.59		01:05.70	
		00:31.59		*00:34.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/11 Lane : 5 Athlete: VASQUEZ ANNA — **Q-time: 01:26:03**

PB (25m pool): 01:26.03 Mol 04/10/2026 **PB (50m pool):** 01:28.50 **SB:** 01:26.03 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.57		01:26.03	
		00:42.57		*00:43.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:10, starttime: 15:20

Heat: 10/11 Lane : 7 Athlete: FLEERACKERS LAURA — **Q-time: 01:24:60**

PB (25m pool): 01:24.60 Mol 04/10/2026 **PB (50m pool):** 01:30.45 **SB:** 01:24.60 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.31		01:24.60	
		00:40.31		*00:44.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: